



Cedarcrest High School

Home of the Red Wolves!

Volume 25 Issue 7 March 2019

Message from the Principal...

I would like to dedicate the March newsletter to Coach Dave Ryles. If you don't know Coach Ryles, he was a long-time teacher and coach in the Riverview School District, working in the district for over thirty years. His impact on our students was remarkable. This was easy to see at his Celebration of Life, held in the CHS gymnasium on February 23rd. *Hundreds* of Coach Ryles family, friends, previous and current students and players, showed up to honor him. During the celebration many of his friends had a chance to speak and share stories about Coach. The common characteristics that everyone mentioned included; he was altruistic, he was kind, he was helpful, he was knowledgeable, a motivator, a good communicator, would give you the shirt off his back, and a good friend. We even learned that back in the day he was a great wing-man! The consensus was, he was an all-around amazing person.

Coach Ryles taught physical education at Tolt Jr./Sr. High School and then moved up to CHS when it was opened. I met Coach when I arrived 21 years ago at CHS and became a fast fan of his. He was one of those staff members that you could count on for anything you needed. If you were short a sub, needed a chaperone, needed a supervisor, or even needed him to teach a different class at the last minute, he was your guy. Never even questioned it, would just say "sure, I'll do that." An administrator's dream! Always looking to help in any way he could. In my second year at CHS I became the Head Basketball Coach and immediately asked him to work with me as my JV Coach. He agreed and we formed a friendship that was *unique*, which I would say everyone that crossed paths with Coach Ryles could say. It was unique because he treated everyone as an individual, he got to know you, was always concerned with how you were doing, and always made it about you not him.

In this Issue

Important Phone Numbers

Main Office
(425) 844 - 4800

Attendance Office
(425) 844 - 4806

Counseling Office
(425) 844 - 4807

Office Hours
6:30am - 3:00pm

For School Closure, Late Start or Early Dismissal Information

[Riverview School District Emergency Weather Related Schedule Changes](#)

Quick Links

[2017-2018 Calendar](#)

[Bell Schedule](#)

[Cedarcrest Website](#)

[Cedarcrest Monthly Calendar](#)

[Riverview School District](#)

[Family Access](#) Check your Student's Grades Online

Important Reminder

Please remember all parents and visitors must sign in at the main office when visiting the campus. We will be issuing a temporary visitor badge while in the building. Thank you for helping keep our school safe and secure.

Numbered parking spaces are reserved from 6:30 am to 2:15 pm on school days. Violators will be ticketed and/or towed. Guests, please park in the visitor parking lot located in the west parking lot.

Payments Accepted

Before school 6:30-7:30am,

If you asked me what it was like to coach with Coach Ryles, I would say that it was like working with your big brother. He was always there for me, gave great support, good ideas, but in the end, you were encouraged to do it your way. And when it didn't work, he never said "I told you so." After his retirement from teaching we were fortunate to have him return to CHS as a para-professional working in our life skills class. Coach made a quick and lasting impact in this class, like he did everywhere. The only word I can use to describe his work in this room is *heartwarming*. His students *truly loved* Coach Ryles, as we all did.

We all lost someone special with his passing. I know for some fellow staff members at CHS and me, we will never really be able to replace him as a member of our golf group, the place where you really get to know someone, on the course. He was always ready to hit the course, always positive, always had your back, always ready to help out, always there for a great conversation about anything you wanted to talk about, always a friend. I have been known to say that we are all replaceable, I believe I may be wrong with Coach Ryles. He will be missed by many.

A quick announcement:

The Smarter Balanced Assessments (SBA) for language arts and math will be administered during the morning on late arrival days in April and May. These are high stakes tests as students are required to meet standard as a graduation requirement. We find that by having the tests during a late arrival, students can focus more on the exam and not have to worry about what they could be missing in their classes, if we were to offer them during the regular school day. The (SBA) for Language Arts will be administered to all sophomore and any juniors or seniors who have not met standard on April 30th, May 1st and May 2nd. The SBA for Math is on May 21 and 22, again for all sophomores and any juniors or seniors who have not met standard. Testing will begin at 7:35 and end at 10:00 and school will begin at 10:15 each day.

The Washington Comprehensive Assessment of Science (WCAS) will be administered during the regular school day to juniors at a date to be determined, during the student's regular science class. If a junior is not enrolled in a science class, we will place them in a classroom for testing.

Ray LaBate
Principal

News from the Counseling Office

Break, Lunch & after school
2:00-3:00 pm. Payments can be made in the Main Office with Patricia or through [eFunds](#) online or with the mobile app.

Refund Policy for Student Fees: Refunds for class fees must be requested by mid-term of the semester in which the class was originally scheduled. After mid-term, no refunds will be issued. Sports participation fee refunds must be requested within the sport season that was paid for. Payments may be refunded or you can have your fee applied to a later season within the same school year if applicable. No refunds will be made from a prior year's payment. Sport participation refunds will only be issued prior to the first regular season competition. No refunds will be issued for students who become ineligible due to grades or Code of Conduct violations.

Athletics

[WESCO Athletics](#) is the website where you can find everything for Cedarcrest High School Athletics! Here you can see the daily schedule, news, Cedarcrest contacts, directions to our playing facilities, photos, standings and more. Be sure to click the orange Subscribe button to subscribe to the Cedarcrest sports teams you wish to get schedule updates for and follow them on their official Twitter page: [@CHSRedWolves](#). Instant schedule change alerts will be sent to subscribers and on Twitter. Go Red Wolves!

Stay Connected with CHS Using REMIND.COM

Class of 2019: Text
@2019chsrw to 81010. Or, in your phones web browser type:
rmd.at/2019chsrw

Class of 2020: Text @2020chsrw to 81010. Or, in your phones
web browser type: rmd.at/2020chsrw

Class of 2021: Text @2021chsrw to 81010. Or, in your phones
web browser type: rmd.at/2021chsrw

Class of 2022: Text
@2022chsrw to 81010Or, in your phones web browser type:
rmd.at/2022chsrw

PTSA

Are you a parent looking to be more involved at Cedarcrest? The PTSA is always looking for more parent volunteers-you can spend as much or as little time as you have to give.

- If you're interested in helping at the CHS Student Store during the days, please contact Natalee Nelson at natnelson1@gmail.com
- Interested in helping with Staff Appreciation Week? We can always use more help with food donations for the awesome Teachers and Staff at Cedarcrest. Please contact Michelle Chaffin at mkchaffin@hotmail.com to have your name added to the list.

Greetings from the Counseling Department, This month marks the start of registration season. Counselors will be working with students throughout the month of March to help them register for classes for next year. As a department, we recognize the importance of informing parents of important information so you can best support your student's high school experience. Below is some pertinent information regarding course selection so you can help them at home through the registration process. Please have conversations with your students to help guide them into courses that support their best interests and build a solid foundation for their future journeys. As always, never hesitate to reach out to us if you have questions or concerns.

Important course selection information for all grades:

Important Dates

- March 8th is the deadline to submit honors course applications.
- Cedarcrest counselors will be visiting classrooms starting the week of March 18th to guide students through our course offerings, and to provide resources and guidance about making the most out of students' high school experiences. Counselors will also be available during advisories and throughout the weeks leading up to submitting course requests to answer questions that might come up.
- Career Cruising will be open from March 18th -March 29th for students to submit their next year's course requests. If students don't request classes and submit by March 29th, counselors will choose classes for them. There is no priority given to students who submit before March 29th, but students must submit by March 29th. For incoming freshmen only, the dates Career Cruising is open for registration is March 6th until March 15th. Incoming freshmen must have their courses submitted by March 15th. For all other students, the submission date is March 29th.

Online Registration:

- Students will register for their courses online with the help of a Cedarcrest High School guidance counselor.
 - The following is directions on how to register on-line:
1. Go to our Cedarcrest High School website at: www.chs.rsd407.org and select the

- Are you interesting in serving on our PTSA Board next year? This is a wonderful way to be involved up close and have more of a personal involvement in your child's experience at Cedarcrest. If so, please contact Nancy Perry at tnraperry@msn.com or Nicole Rohwer at nrohwer@aol.com
- Remember to join our PTSA Facebook page called: Cedarcrest High School PTSA
- Each Class has a Facebook Group you can also join. They are called: Cedarcrest High School - Class of 2019 (or 2020, 2021, 2022)
- To join our PTSA, go to the Cedarcrest Home Page, click on "Parents and Students" and then PTSA-we'd love to have you!

College and Career Center News

WANIC Registration is now open!

Applications are now being accepted for the 2019-20 full school year programs at WANIC (Washington Network for Innovative Careers). Courses, times and locations subject to change.

Please visit the WANIC website for more information.

WANIC Apprenticeship Fair May 7, 2019 4 -7 p.m. 11605 132nd Ave NE, Kirkland, WA

Looking for a career, not just a job? Come and learn more about Apprenticeship programs where you can earn nationally recognized certifications, college credits & an education, and receive hands-on career training

Running Start - Fall 2019 Applications are open!

SAT/ACT Upcoming Test Date - Go to

www.sat.org or www.act.org to sign up.

All juniors who will be applying for a four year university in the fall will need to register for one or more of the college entrance exams. Below is the information for the next available tests:

ACT April 13th and June 8th

SAT May 4th and June 1st

Job Opportunity in Riverview School District

Riverview Transportation Is Hiring People With Positive Attitude

Become A Professional School Bus Driver

No experience required we train you for success!

Weekends, evenings and holidays off!

starting at \$ 20.29 hour

\$ 500.00 Driver reimbursement

REQUIREMENTS:

Career Cruising icon at the lower right corner or go to www.careercruising.com for a direct link.

2. Type in user name and password.

- The user name is r407- plus your Skyward login (first five letters of last name+first three of your first name+000 or in a few cases 001. If your last name is shorter than five letters, add an underscore(_) to the end.)
 - ...For example: r407-smithjoh000 or r407-hall_amb000
 - The password is your student ID number

- **Valid Washington State driver's license for 5 years**
- **Must obtain a Commercial Driver's License permit**
- **Completion of 40 to 60 hours of bus driver training**
- **Good driving record**
- **Must pass State and District pre-employment drug screen and physical**
- **Ability to follow oral and written instructions**
- **Must like children**

Classes starting soon

Info call (425) 844-4540 or apply @www.rsd407.org

Click on Choose My Courses to begin the process.

Course Description Handbook is available at <https://sites.google.com/site/cedarcrestcounseling> under the Course Selection Process tab. Course descriptions are also listed on Career Cruising when the student selects a class to be added.

Students, please read through class descriptions to make sure you are signing up for classes that you truly want and have an interest in. Classes offered and teachers hired are based on the classes you register for in the spring. For this reason, there will be a very limited number of schedule changes.

Notes for students to consider when selecting elective courses:

- Make sure your course selection offers a good balance to ensure success and the stress load is manageable. Please consider school, work, and extracurricular obligations when selecting course levels and work loads inherent in classes. Grades and rigor matter, but so does your mental and physical wellbeing!
- World Languages are offered starting sophomore year. Incoming freshmen can request French 1 since our numbers are somewhat smaller in French, however priority is given to upper grade levels, so there is no guarantee they will get French in their schedule. Due to the rigor of learning a world language, we recommend students registering to take a world language have a 3.0 GPA, especially if considering starting in either the freshman or sophomore years. World Language is only required if students plan on entering a 4-year college/university directly from high school. If a student is not planning on attending a university or is planning on going to a community college first, then students do not need to take a world language in order to graduate from high school. If students would like to opt out of the world language option because they are certain they are not going directly into a 4-year college/university, they can work with their counselor to create a Personal Pathway graduation plan. Although we have a wide selection of course offerings for a school our size, we are limited to the number of world language sections we can offer. Because we are considered a rural school and cannot offer beyond the second year, our students can be granted admission waivers for any college recommending or requiring three years of a world language. Nearly all four-year colleges nation-wide only require through the second year of a world language.
- Don't take a class just because your friend is going to, or you heard it was easy. It is recommended, especially for juniors and seniors, to start looking at college entrance recommendations/requirements and specific program recommendations when selecting courses. Counselors and teachers are great resources for students to connect with to help with this. Being purposeful about which classes to take in high school based on research and academic conversations with staff is important in setting up for success after high school, whether a student plans on attending college or not.

- We strongly recommend four years of math if students are planning on going into any apprenticeship, trade, attending a community college, or four-year university.
- The Career Technical Education programs have done an amazing job at specifying which classes to take in high school to prepare for a diverse array of careers. Make sure you look at the recommended programs of study documents they put together as a great resource for students in selecting classes.

Miscellaneous Information:

- If students fail any classes at all throughout their time at Cedarcrest, they must re-take the class(s). If the class that was failed is required for graduation, they must make up that class. If the class is an elective, the student may take a different elective to stay on track for graduation. If the student retakes the same class, the student has the option to not have the failed class count into the overall GPA. Students have the option of taking the class(s) online through an approved program or taking summer school. Most options cost money.
- Students should access the Cedarcrest counseling website for additional information that is helpful to know when planning out classes.
- Students interested in Running Start need to go onto the Cedarcrest counseling website and click onto the Running Start tab for detailed information on how to get started and everything you need to know about Running Start.
- Students who took high school level Algebra or Geometry in middle school can opt to bring up those credits to add onto their high school transcript. Some students do not wish to do this because the grade comes with it. Talk to your counselor if you have questions about this.
- Student athletes must pass all courses the previous semester for athletic eligibility. If you are a student athlete who desires to play at the college level, make sure you look at the NCAA regulations at www.ncaaeligibilitycenter.org before you select your courses.
- Remember, all grades count as a high school student and required classes must be passed successfully. Working hard, putting in your best effort, doing your homework, and studying are essential to success in high school.
- Once students put in their course requests, make sure to click on the Learn More link on Graduation Tracking in the upper right corner of Career Cruising to make certain students are signing up for the right courses to meet graduation requirements.

DECA News



The State DECA Conference and competition was held at Meydenbauer Center on February 28th where Marc Hillestad received the DECA Advisor of the Year Award. Many of Marc's peers throughout the state (from both the east and west sides) put his name forward for this high honor.

The Executive Director of DECA, Lori Hairston, said:

"This advisor is an exemplary leader for Washington DECA. He serves as an event manager at SCDC, an Area Leader for 7 years and the Washington DECA Board of Directors. He gives each position his very best and undivided attention when serving in those roles. That has led to thoughtful decisions while always leading with the student members best interests in mind. He is one of three representatives from Washington DECA to the national consortium.

The advisor holds a high level of accountability for his chapter members. They represent their school and community with honor and professionalism. The chapter does numerous projects which engage community

and business members. He continues to provide real world, rigorous opportunities to chapter members, to help them succeed in school, careers and life.

This advisor is a supportive mentor to other advisors, especially new advisors. He leads with integrity and service and deals with difficult situations with the utmost transparency and fairness. He goes above and beyond in whatever he does."

Riverview School District and the CTE Department is so very proud of Marc and his accomplishments. We join with DECA in recognition of his well-deserved accolades! Congratulations to Marc and his family!



Congratulation to our DECA competitors at the State Career Development Conference.

The following finished in the TOP TEN:

Lauren Miller and Enrique Montana in the Creative Marketing Project

Ashwin Subbaraman and Jake Tisdale in Entrepreneurship Team

Kortney Candland and Austin Link in Learn and Earn Project

Adam Elbahouty in Marketing Communications

Katelyn Berberich in Marketing Communications

The following finished in the TOP FIVE and move on to the International event in Orlando:

Abby Delorey (2nd) in Principles of Marketing

Abby McKenzie in School Based Enterprise

Lauren Miller (2nd) in Quick Serve Restaurant

Berrit Stow (3rd) in Human Resource Management

Now that we are done with State we move on to planning for our annual Father/Daughter Dance as well as the Big Rock Classic Car Show. We hope to see you all at each of these events.



GO DECA!

Class of 2019

Seniors! It is time for the senior and sibling photos! These will be taken after school Tuesday, March 26th. Please meet in the commons at 2:20-3:00 pm. If you have any questions, please contact Carlene Schneider.

Class of 2020

Please join us for our first "**Class of 2020**" Senior Week Planning Meeting for Parents! Can you believe our kids will be Seniors next year? With their Senior year comes lots of fun activities and the sooner we get started planning, the easier it will be. Also, the more volunteers we have helping, the less work for everyone involved! We will have a short informational meeting on **Monday, March 25th, from 7-8 pm** in the Career Center. Please bring any Senior parent friends and come ready to get involved in all the excitement that lies ahead!

If you are unable to attend, but would like to be added to our Volunteer List, please email one of us at tnraperry@msn.com or banana84037@msn.com.

Also, if you haven't already, please join our Facebook Group at "Cedarcrest High School - Class of 2020" for the latest information.

We look forward to seeing you next Monday Night!

Nancy Perry & Anna Lamb
PTSA Class of 2020 Co-Chairs

BAND

In February the Jazz Band performed at the Friends of Youth "Celebration of Youth" luncheon.



On March 1st the Wind Ensemble and Symphonic band performed/attended WindFest at Central Washington University. This event serves as the premier concert band festival in the Pacific Northwest. This festival showcases 48 of the finest high school wind ensembles over the course of three days.

Also in March the Wind Ensemble and Concert Bands will each attend Eastshore Band Festivals where students will participate in a master class with university faculty and professional chamber groups, perform and receive feedback from college conductors and participate in a "music in college" discussion with a panel of college instructors and college students. The day will wrap up with attendance at the performance of the Wind Ensemble from Pacific Lutheran University.

May 17th is the 3rd annual Cedarcrest Band Booster

Social and Silent Auction. This is Cedarcrest Band Boosters' main fundraising event. The theme this year is "Puttin' on the Ritz" since this year they are raising funds to replace well-used marching band uniforms. Tickets are \$20 and are available online at <http://bit.ly/CHSBAuction> or on the CHS Band webpage at cedarcrestbands.com. It's not too late to donate to the silent auction. To donate please contact the band at cedarcrestbandboostersduvall@gmail.com.

Please Like and Follow the Cedarcrest Band Boosters on Facebook for additional information about the auction.

You Can Support the CHS Band in May

Save the Date
May 17, 2019

Cedarcrest Band Boosters
present their annual
Social & Silent Auction

● ● ● ● ●
Puttin' On the Ritz

Enjoy wine and appetizers while bidding on some amazing silent auction items. Proceeds from this event will be used to purchase new band uniforms for our marching band

May 17, 2019, 6:00 p.m. to 8:00 p.m.
Cherry Valley Winery

Music provided by CHS Jazz Band

Career and Technical Education

HOLD July 1st to July 19th open to attend the WANIC Summer Academy!

WANIC Summer Academy options to be offered at Cedarcrest High School:

Health- Learn about personal & community health issues. Meets health credit graduation requirement.

IT or Imagine Academy - Students will learn the basics of Microsoft Word 2016 while developing employable skills necessary to thrive in their high school careers and beyond. Word competencies include customizing document views, formatting a document and using citation reference tools. Meets 9th grade requirement.

Freelance Art - This program will prepare individuals to apply knowledge and technical skills in creating, producing, and selling products in the field of 2D and 3D art. This course will include art theory, design, safety, technical skills, production skills and marketing, sales, entrepreneurship, and management functions associated with operating a small business in professional arts.

2D Video Game Design-- Use GameMaker software to develop a 2D video game. Learn game design, programming, art and animation, and audio editing to create your own game! Get feedback from industry professionals and publish your game to the web.

Audio Production --Students develop skills in producing audio that informs or entertains. Topics include audio capture; sound creation, manipulation, and mixing with DAW (digital audio workstation) software; and sound editing and integration into video cinema, podcast, game and music projects

eSports Streaming & Twitch -Students will learn the next generation of broadcast video production, content creation, website fundamentals, and eSports by creating their own YouTube and Twitch channels!

Financial Planning - This course will empower, equip, and entertain while building confidence in students' own financial decision-making. Students are facing tremendous financial challenges without the basic knowledge needed to thrive in today's economy. Less than half of high school seniors qualify as financially literate, and more than 7 million borrowers are in default on student loans for college. Learn the skills to navigate the day to day reality of personal finance.

Eligibility:Students entering 9-12th grade enrolled in Bellevue, Everett, Issaquah, Lake Washington, Mercer Island, Northshore, Riverview, Snoqualmie Valley School Districts.

Registration:Apply online 4/15-4/24. Enrollment by lottery.

Cost:Free Tuition. \$50 supplies fee (assistance available).

High School (HS) Credits:0.5 Occupational Ed. except where noted.

*Program offerings subject to change or cancellation.

Additional important details on the website www.wanic.org

Washington Network for Innovative Careers (WANIC) offers fun courses at various high schools in numerous area districts. These programs are open to all students entering grades 9, 10, 11, and 12, from Bellevue, Everett, Issaquah, Lake Washington, Mercer Island, Northshore, Riverview, and Snoqualmie Valley School Districts.

Classes to be held weekdays from July 1st to July 19 and will meet daily from 8:00 a.m. - 3:00 p.m. (there is no school on July 4 and possibly no school on July 5).

Late March look for the WANIC official summer flyer that will list ALL the other class offerings in the region. Applications will be accepted online starting in mid-April, at <https://wanic.lwsd.org>

These classes are ALWAYS in high demand, therefore, spaces this year will be allocated via lottery



Cedarcrest Athletics Summer Camp Information

2019 CEDARCREST HIGH SCHOOL ATHLETICS SUMMER CAMP INFORMATION

ALL CAMPS WILL BE HOSTED AT CEDARCREST HIGH SCHOOL

For more information on the Spring/Summer camps and to print out brochures please go to the

Cedarcrest Stadium Blankets for sale - \$50
Proceeds to benefit the Track & Field team

Cedarcrest "Soccer style" scarves for sale - \$20
Proceeds to benefit the Cross Country team

Contact Bruce McDowell 425-844-4832
mcdowellb@rsd407.org

From the Nurse...

Health Concerns

Measles outbreak in multiple Washington counties

OLYMPIA - The Washington State Department of Health announced on Jan. 24th that a King County resident with measles and several Clark County cases may have been exposed to the virus in a public location where all were present the same day and time period during their likely exposure period.

The department is supporting local public health agencies with disease investigation, laboratory testing and other efforts to protect their communities. A current statewide case count for the measles outbreak is available on the department's website and will be updated daily.

The current case count is:

- Clark County: 65 confirmed cases, 2 suspected cases
- King County: 1 confirmed case
- Oregon (Multnomah County): 4 confirmed cases

Additional details on exposure sites can be found on the Public Health - Seattle & King County and Clark County Public Health and www.doh.wa.gov websites.

Measles is highly contagious (page 86), and can be serious, especially for young children. Measles is easily spread when an infected person breathes, coughs, or sneezes. Almost everyone who has not had the vaccine will get measles if they are exposed to the measles virus.

Our school district nurses are aware of this outbreak and remaining diligent for any possible cases. At this point in time, there is NOT cause for significant concern of large exposure in our district; however, please be diligent in following our school policies for illness and keeping students at home and follow very diligent handwashing and germ spread tips below!

Letters were sent home in February if your student has not received 2 doses of the MMR vaccine or have an exemption form missing. Please return the required documentation as soon as possible.

Additional resources:

- [Measles Fact Sheet](#) | [Measles Fact Sheet in Spanish](#)
- [Managing Measles in School](#) | [Managing Measles in School Spanish](#)
- [Measles Outbreak Details](#) | [Measles Outbreak Details in Spanish](#)
- [Measles Information from the CDC](#)

Any questions or concerns, please feel free to contact me.

Leigh-Ann Gutmann, RN
Cedarcrest High School Nurse
gutmnanl@rsd407.org
425-844-4878

Nondiscrimination

The Riverview School District complies with all federal and state statutes and regulations and does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal, and provides equal access to the Boy Scouts and other designated youth groups. This holds true for all district employment and student opportunities. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX/RCW 28A.640 Officer (Janet L. Gavigan, 425-844-4500) and Section 504/ADA Coordinator (Dr. Ken Heikkila, 425-844-4500) at 15510 1st Ave. NE, Duvall, WA 98019.