



Cedarcrest High School

Home of the Red Wolves!

Volume 24 Issue 6 February

Message from the Principal...

Here it is, what we have all been waiting for *Breaking News for February 2, 2018: "Pennsylvania's most famous groundhog has delivered his annual weather prediction. Punxsutawney Phil's handlers announced Friday that the rodent saw his shadow, predicting six more weeks of winter."* Bummer. However, I believe there is more to the story, some things we should know about Phil, for example did you know that in records dating back to 1887, Phil has forecast an extended winter 102 times and an early spring only 18 times (there are several years with no records). Sounds a bit suspicious to me. Sounds like a conspiracy. More on this later.

But let's talk about the other conspiracy that affects us this time of year. State testing. This year we will again be administering the state required Smarter Balanced Assessment (SBA) in math and language arts. Meeting standard on these two tests is a requirement for graduation. The test will again be administered on late arrival days, to give our students the best testing environment we can. This year we have moved the dates of testing within the state allotted testing window back, to give our students as much time as is possible to prepare for testing, by being in their classrooms. The SBA for Language Arts will be administered on the mornings of May 1, 2, and 3. The SBA for Math will be administered on two Days, May 29 and 30. The tests are for students in the 10th grade, as well as for any students in the 11th or 12th grade who have not met the standard yet.

And just to make things more fun, this year the state is requiring all juniors to take the Washington Comprehensive Assessment of Science (WCAS, just when we thought they ran out of acronyms). This exam replaces the Biology End of Course Assessment and is not a graduation requirement until 2021. The next two years it will be used for federal accountability. The

In this Issue

[Science Fair Judges Needed](#)

[Free English Language Classes](#)

[AP Exam](#)

[Counseling Center](#)

[College and Career Center News](#)

[PTSA](#)

[Class of 2018](#)

[Senior Grad Ads](#)

[Band News](#)

[DECA](#)

[FFA](#)

[Equestrian Team](#)

[From the Nurse](#)

[CTE - Robotics](#)

Important Phone Numbers

Main Office
(425) 844 - 4800

Attendance Office
(425) 844 - 4806

Counseling Office
(425) 844 - 4807

Office Hours
6:30am - 3:00pm

***For School Closure,
Late Start or Early***

WCAS will be administered to juniors during a late arrival on May 31. This test is anticipated to only take one scheduling block of 120 minutes by the state.

So, the schedule during these testing days will have the testing students show up to school at our regular start time, 7:35 and they will test until 10:00. They will then have a break of 15 minutes and our regular school day will start at 10:15 for all students. Busses will run at regular times, but students who need to ride the bus but will not be testing, will be organized into classrooms where they will be treated to a study hall. This is the gist of our spring testing which we will continue to remind you of until you are tired of hearing about it. Thanks for your patience.

Back to Phil. My theory- *I think Phil likes winter!* I mean look at the kid, he is always wearing that same ratty fur coat, same glazed look in his eyes and a devious smile on his face... the little scoundrel must just *enjoy the cold*. I think Phil is very aware that if he says we will have six more weeks of winter, we will believe him, after all, we always have, at least for 120 years (still missing about 10 years if you do the math from 1887 hmmm). And in believing in Phil, our combined human aura messes with global warming, as in a self-fulfilling prophecy, and makes us cold! I say we stop the Phil madness, I say we think warm thoughts this month and turn the tables on that smug rodent.

Things to love in February:

- District Basketball and Wrestling-check the CHS website for information
- February 6 Honor Society Induction
- February 9- Honors Applications go on-line
- FFA Community Seed Exchange
- February 16-20 Mid-winter break. Do something fun, think warm thoughts or visit a warm climate.
- February 22th Spring sports paperwork is due! We love spring and sports!
- February 24th CHS Science and Engineering Fair. If you have never been to this fair, it is amazing! We love smart students completing some really cool projects.
- February 26th Spring sports begin
- February 27th 8th Grade Parent Orientation 6 to 8 PM at CHS. If you are going to have a freshman next year we encourage you to attend, or, if you know someone in your neighborhood who will have their first student at CHS, tell them to attend. We try and make high school less scary for parents.
- We love Phil, when he gets it right.

Ray LaBate
Principal

Dismissal Information

[Riverview School District
Emergency Weather
Related Schedule
Changes](#)

Quick Links

[2017-2018 Calendar](#)

[Bell Schedule](#)

[Cedarcrest Website](#)

[Cedarcrest Monthly
Calendar](#)

[Riverview School
District](#)

[Family Access](#) Check
your Student's Grades
Online

Important Reminder

Please remember all parents and visitors must sign in at the main office when visiting the campus. We will be issuing a temporary visitor badge while in the building. Thank you for helping keep our school safe and secure.

Numbered parking spaces are reserved from 6:30 am to 2:15 pm on school days. Violators will be ticketed and/or towed. Guests, please park in the visitor parking lot located in the west parking lot.

Payments Accepted

Before school 6:30-7:30am, Break, Lunch & after school 2:00-3:00 pm. Payments can be made in the Main Office with Patricia or through [eFunds](#) online or with the mobile app.

Refund Policy for Student Fees: Refunds for class fees must be requested by mid-term of the semester in which the class was originally scheduled. After mid-term, no refunds will be issued. Sports participation fee refunds must be requested within the sport season that was paid for. Payments may be refunded or you can have your fee applied to a later season within the same school year

Science and Engineering Fair Judges Needed

The 11th annual Cedarcrest High School Science Night and Engineering Fair is fast approaching. This years Fair is scheduled for **Saturday February 24, 2018**.

Judges Needed

We are always looking for interested and qualified people to provide valuable feedback to our students who have worked so hard. It is only with these volunteer judges that our Science Fair can take place. If you or someone you know would like to learn more about volunteering to judge this years' science fair please contact Christal Dixon at dixonc@rsd407.org.

Spring Sports

Spring Sports Parent Night

Thursday, March 1st
6:00 PM - CHS Commons

Spring Sports Athletic Paperwork and Fees

Athletic paperwork and ALL fees for Spring sports are due **Thursday, February 22nd** by 2:00PM in the Main Office at CHS.

1st day of turn out for Spring sports are:

Baseball, Fastpitch, Boys Soccer, Boys and Girls Golf, Track and Field - **Monday, February 26th**

For a complete checklist in meeting the requirements in order to be eligible for the 1st turn-out please see the [Cedarcrest Sports page](#).

Cedarcrest Annual Festival of Lights

Cedarcrest Annual Festival of Lights:

What: Come have a blast with us, as all the clubs in Cedarcrest brighten up these long dark nights with spectacular glow-in-the-dark games!

When: February 22 (Thursday) 6-8 PM, CHS Commons

Open to the whole community, so bring your family! It will be a de-light-ful time!

Free English Language Classes

Do you want to brush up on your English skills? Do you have friends or family who are learning English? The Riverview School District will be holding FREE English language classes Wednesday evenings beginning January 17 through May 1 at 6 PM - 8 PM. Please call Cedarcrest for more information. [ESL Flyer](#)

Clase de Ingles para adultos - Gratis

if applicable. No refunds will be made from a prior year's payment. Sport participation refunds will only be issued prior to the first regular season competition. No refunds will be issued for students who become ineligible due to grades or Code of Conduct violations.

Athletics

[Cascade Athletics](#) is the website where you can find everything for Cedarcrest High School Athletics! Here you can see the daily schedule, news, Cedarcrest contacts, directions to our playing facilities, photos, standings and more. Be sure to click the orange Subscribe button to subscribe to the Cedarcrest sports teams you wish to get schedule updates for and follow them on their official Twitter page: **@CHSRedWolves**. Instant schedule change alerts will be sent to subscribers and on Twitter. Go Red Wolves!

Stay Connected with CHS Using REMIND.COM

Class of 2018: Text **@2018chsrw** to **81010**.
Or, in your phones web browser type: **rmd.at/2018chsrw**

Class of 2019: Text **@2019chsrw** to **81010**.
Or, in your phones web browser type: **rmd.at/2019chsrw**

Class of 2020: Text **@2020chsrw** to **81010**.
Or, in your phones web browser type: **rmd.at/2020chsrw**

Class of 2021: Text **@2021chsrw** to **81010**.
Or, in your phones web browser type: **rmd.at/2021chsrw**

Winter is fast approaching. Stay warm and cozy all the time and show school spirit.

Cedarcrest Stadium
Blankets for sale - \$50

Miércoles por la noche, 17 de Enero - 1 de Mayo, 2018
6:00 - 8:00 pm, Cedarcrest High school
Llaman al Maestro Ojeda a (425-844-4857) o envíe un
correo electrónico a (ojedaw@rsd407.org) [ESL Flyer](#)

SAT and AP Exam

SAT - Cedarcrest is now a test site for the March 10, 2018 SAT test administration! If you would like to take the exam locally in Duvall, be sure to sign up soon. Registration closes on February 9, 2018. To register, you must first set up an account with CollegeBoard at <https://www.collegeboard.org/>. From there you will be able to register for the SAT.

If you have already registered to take the SAT at a different location and would like to switch to CHS, contact College Board and they will be able to assist you in transferring test centers.

AP-Registration for the AP Exams will open February 1st-18th. Registration will occur online via Total Registration. You will need to set up a TR account at <https://www.totalregistration.net/> to sign up for the AP exam(s). The exam will take place at the ESC May 7-17.

Register for the exam here:

<https://user.totalregistration.net/AP/480145>

If you have any questions about the SAT or AP exams, please contact the Teaching & Learning Department at (425)844-4524 or jacobsona@rsd407.org.

[2018 AP Exam Dates](#)

Counseling Center

**8th GRADE PARENT NIGHT
TUESDAY, February 27
6:30-8:00 PM CHS THEATER**

Parents of current 8th grade students are invited to join Cedarcrest administrators and staff representatives on this date to hear information about the high school experience. Information such as, graduation requirements, support services, extra-curricular opportunities and participation/eligibility requirements for athletics will be presented. All parents are encouraged to attend this important meeting. Cedarcrest High School counselors will be at Tolt Middle School and the RLC the week of February 28-March 1. All parents are encouraged to attend this important meeting.

Reminder: This meeting is for parents/guardians only.

Have you had a recent address change?

Please contact our registrar Mrs. Frost @ 425.844.4808 with any changes.

Connections, Communication and Cell Phones

Greetings from Cedarcrest Counseling Center,

Proceeds to benefit the Track & Field team

Cedarcrest "Soccer style" scarves for sale - \$20
Proceeds to benefit the Cross Country team

Contact Bruce McDowell
425-844-4832
mcowellb@rsd407.org

Can you believe we are half way through the school year? We hope that this year has proven to be filled with plenty of aha moments, moments that bring a sense of pride, and moments that make you aware of how much growth has been made. Although high school has inherent challenges, it goes fast and it's important to take a breath and appreciate the successes. Speaking of challenges and successes, a great way to connect with your family and get a pulse on what is happening and important in each other's lives is to make a point of sitting down at dinner together at least twice a week minimum and share out a highlight and challenge that happened throughout the day. What members of your family share gives a good snapshot into what is going on and important in each of your lives. It's a simple thing to do that opens the door to rich conversation. It also gives a moment for each person to have the opportunity to be the center of attention and listened to.

While on the topic of communication, how many times a day do you both love and curse the fact that your kids have phones? It's nice to be able to contact them when you need them (that is if they actually respond!), but all too often we find their lovely faces aglow with their eyes glued to that device that seems to be permanently affixed to their hands instead of engaging face-to-face with each other in conversation. Have you ever got a text from someone that is in the other room or even in the same room? I think we all have. Cell phones have consumed large amounts of time and attention and our counseling department has seen a lot of negative effects of this. Although it would seem a communication device would enhance communication and connections to people, it seems that it is doing exactly the opposite. This isn't just happening to our teens, it is happening to all of us. Instead of finding a way to destress and relax by reading a good book, exercising, hanging with friends and family, or engaging in a hobby, many people are withdrawing to their phones. Phones are being used as a way of avoiding problems. We are finding more and more students coming in feeling disconnected, unable to communicate, feeling alone, and struggling to keep up their grades- all related to phone use. Phones have become an addiction that mimics a lot of the same effects as other addictions. It is something to be aware of and realize that it can come with serious consequences. It is important to set limits, restrict usage time, restrict where technology is accessed, and communicate about sites and applications being used. Turning off phones at a certain time is also important to help achieve uninterrupted sleep and going to sleep at a reasonable hour. Also important is to have conversations about the content of material being posted on social media. This is crucial! Colleges, employers, coaches, and other influential people do searches to see what potential candidates have posted. All too often we see students who have posted something inappropriate not intending that it would get to the eyes of other peers, teachers, counselors, administrators and even the police, but they do! The point is, communicating regularly with your teens and each other is so important.

Make some goals with your students about communication and about what challenges you each want to address to experience the most successful spring possible. Please communicate with teachers, counselors, and other school resources regularly. We are partners in your mission for success.

Credit Recovery Starting Semester 2

Are you behind on credits and want an opportunity to catch up? Cedarcrest is offering an after-school opportunity to recover lost credits due to failing grades starting second semester. This is only for students who have failed a class and need to recover a credit. The credit recovery option will be through APEX, an online program we use. The class will be held on Tuesdays and Thursdays with the expectation that students work online at home in order to complete the class they are working on by the end of the semester. Please contact your counselor for more

information if your student is behind on credits and interested in accessing this opportunity.

College and Career Center News

Tech Prep Registration

Tech Prep registration is now open for 2018 <http://sers.techprepwa.org>.

Please pay the \$46 annual fee (covers all classes taken this school year) by June 15, 2018 by going to <http://sers.techprepwa.org/> and using the links there. Please keep in mind, that students must receive a grade of B or higher in order to qualify.

Career and Technical Education courses eligible for college credit at Cedarcrest High School this school year are:

1. Animation - I, II, III & IV (2 semesters)
2. Digital Imaging - 1 & 2 (2 semesters)
3. Photography - I & II (2 semesters)
4. Video Cinema I & II (2 semesters)
5. Business, Intro
6. Financial Planning (2 semesters)
7. Marketing - I & II (2 semesters)
8. MS Academy CORE & EXPERT
9. Arch & Engineering Design I, II & III
10. Computer Programming, Intro & Advanced
11. Sports Medicine I & II
12. Agriculture Science I & II (2 semesters)
13. Greenhouse Operations I & II (2 semesters)
14. Horticulture I & II (2 semesters)
15. Business Law

WANIC (Washington Network for Innovative Careers)

Registration for **WANIC** offerings is now open and is available to current sophomores and juniors for the 2018-2019 school year. WANIC involves a six member school districts in the surrounding area that share over 30 professional/technical programs which in turn allows students to enroll in a class that is not offered at their high school. These programs are offered at various high school or sites within the consortium so students are responsible for their own transportation. Visit their website for more information at www.wanic.org or visit the Career Center for the brochure of classes and times for next year. Please feel free to contact Sherry Jennings at 425-844-4810 or email at jenningssh@riverview.wednet.edu.

WANIC is holding an open house on February 7th 6-8 p.m at Lake Washington Institute of Technology East Mall Commons.

College Planning Night for Juniors March 7, 2018 6-7:30 - CHS Theater

To help thread the maze of college admissions and preparation for the application process the CHS Career and Counseling Center will host an informational evening covering various topics pertaining to this process. The emphasis will be on what students need to do in the junior years to prepare for successful college admission. We are seeing that students who plan early and prepare well throughout the four years of high school are those who are successful in applying and securing admission to one of their top college choices. There will be ample time for a question and answer period. We will be meeting with all the juniors starting this month and

this information will be given to them as well. If it does not work with your schedule to attend, ask your student to review with you the packet they received during these 1 on 1 meetings.

SAT and ACT Alert

Late winter, until the end of this school year, our juniors who are applying to four year universities in the fall of 2018 will need to register for one or more of the college entrance exams. Below is information for the next available test dates:

ACT

Test

April 14, 2018

June 9, 2018

July 14, 2018

ACT Registration Deadline Registration Deadline

March 9, 2018

May 4, 2018

June 15, 2018

SAT

Test

March 10, 2018

May 5, 2018

June 2, 2018

SAT Registration Deadline Registration Deadline

February 9, 2018

April 6, 2018

May 3, 2018

PTSA

PTSA

Interested in getting involved with your PTSA? Please consider being a board member for the 2018-2019 school year. For more information, please contact PTSA President, Patricia Koster at patriciacosta_koster2@hotmail.com

Find us on Facebook: [Facebook.com/cedarcrestpsa/](https://www.facebook.com/cedarcrestpsa/)

CHS - PTSA SPIRIT WEAR

CHS spirit wear is now available!!



T-Shirt White or Ash
Youth XS-XL \$10.00
Adult S-XL \$12.00
3XL \$14.00
4XL \$16.00
4XL \$20.00



Ladies V-neck
Navy or White
Ring Print
XS-XL \$11.00
2XL \$13.00
3XL \$15.00
4XL \$17.00
4XL \$20.00



Hoodies Silver Print
(youth sizes not avail)
Youth XS-XL \$28.00
Adult S-XL \$30.00
3XL \$32.00
4XL \$34.00
4XL \$38.00



Spirit T-shirt 1/4 Zip Sweatshirt
Embroidered
XS-XL \$35.00
2XL \$37.00
3XL \$39.00
4XL \$41.00
4XL \$45.00



Spirit T-shirt Varsity Placard
1/4 Zip Varsity Placard
Ladies and Mens
Embroidered
XS-XL \$41.00
2XL \$43.00
3XL \$45.00
4XL \$47.00
4XL \$51.00



Spirit T-shirt Ladies Placard Placard
Silver glitter print
XS-XL \$31.00
2XL \$33.00
3XL \$35.00
4XL \$37.00
4XL \$41.00

To order spirit wear, please print this page, complete it and return to the school either by mailing it to CHS - PTSA 29000 NE 15th St - Davall, WA 98019 or have your student turn it in to the student store. Please make checks payable to CHS - PTSA.

CHS Spirit Wear		
T-shirts	White or Ash circle one	Size: \$
		Youth or Adult
Youth XS-XL \$18.00	Adult S-XL \$18.00, 2XL \$18.00, 3XL \$19.00, 4XL \$20.00	

Ladies V-neck		
White print	Shirt Color Black or Charcoal circle one	Size: \$
XS-XL \$18.00	2XL \$19.00, 3XL \$21.00, 4XL \$22.00	

Glitter print		
Shirt Color Black or Charcoal circle one	Size: \$	
XS-XL \$21.00	2XL \$22.00, 3XL \$24.00, 4XL \$25.00	

1/4 Zip Sweatshirt		
Shirt Color Black or Graphic Heather circle one	Size: \$	
XS-XL \$35.00	2XL \$36.00, 3XL \$38.00, 4XL \$39.00	

Varsity Jacket		
Mens or Womens circle one	Size: \$	
XS-XL \$45.00	2XL \$46.00, 3XL \$48.00, 4XL \$49.00	

Hoodie		
Silver print	Shirt Color Black or Charcoal circle one	Size: \$
		Youth or Adult
Youth XS-XL \$85.00	Adult S-XL \$85.00, 2XL \$88.00, 3XL \$88.00, 4XL \$90.00	

Silver prt/glitter RW		
Shirt Color Black or Charcoal circle one	Size: \$	
Youth XS-XL \$90.00	Adult S-XL \$90.00, 2XL \$93.00, 3XL \$94.00, 4XL \$95.00	

Ladies Fleece Pants		
Glitter silver CHS	Size: \$	
XS-XL \$30.00	2XL \$31.00, 3XL \$33.00, 4XL \$34.00	

Total \$

Name: _____ Email: _____ Phone #: _____

CHS - PTSA Spirit Wear Order Form

Congratulations to the **Rohwer** family who's ticket was selected for the Class of 2018 \$500 Raffle Drawing.

**CHS - PTSA Presents
Senior Slide Show**

Photos will be shown on **June 13th** and
at the commencement of graduation on **June 15th**

WE NEED YOUR PICTURES by May 25, 2018.

- * Please send three (3) pictures of your senior to chs2018pics@outlook.com
- * Both group and individual photos are welcome.
- * Include the name of you senior in the email and provide a contact phone number.
- * Photos can be either in landscape or portrait orientation.
- * If you are scanning printed photos, please ensure the resolution on your scanner is set to at least 300dpi

If you have any questions, or would like to provide photos using a USB drive or CD, please contact Taylor Amble at chs2018pics@outlook.com to request assistance.



GRAD NIGHT TICKETS

are still available

Ticket price is \$175

Tickets are non-refundable

Please make checks payable to **CHS PTSA**

Forms can be found at <http://chs.my-pta.org>
and in the main office.

Please submit the Grad Night
Release & Food Allergy forms with payment.

Payment plan available at <http://chs.my-pta.org>
Talk to your counselor about scholarships

[Important Dates for Seniors 2018](#)

Senior Calendar:

- | | |
|----------------|---|
| February 1st | - Grad Night Tickets increase to \$175 |
| March 1st | - Grad Ads due for the yearbook |
| May 22, 23, 24 | - Grad Night Bus sign ups |
| June 6th | - Senior Awards |
| June 10th | - Baccalaureate |
| June 13th | - Senior Slide Show |
| June 15th | - Graduation Practice, Ceremony, and Grad Night Event |

For more information, please visit <http://chs.my-pta.org> and select the Class of 2018 tab and follow on Facebook at <https://www.facebook.com/CHSRedWolvesDuvall/>

CLASS OF 2018

Please join our Facebook group to stay up on any happenings for the Class of 2018.
<https://www.facebook.com/CHSRedWolvesDuvall/>

CLASS OF 2019 *NEW INFORMATION*****

Parents, please watch for our first Grad Night Committee meeting this spring. Grad Night along with other events during graduation week, take volunteers and we'll need your help to make them happen. If you'd like to be added to our volunteer list now, please contact us via our our Facebook group. Thank you!

<https://m.facebook.com/groups/125302461456720>

CLASS OF 2020

Please join our Facebook group to stay up on any happenings for the Class of 2020.

<https://www.facebook.com/groups/1952167818338667/>

CLASS OF 2021

Please join our Facebook group to stay up on any happenings for the Class of 2021.

<https://www.facebook.com/groups/354196198343202/>

Senior Grad Ads

Senior Grad Ads

The deadline for senior ads is fast approaching. These must be turned in by **March 1st, 2018 at 11:59pm**. There will be no exceptions made for late ads. Even though this deadline is far off, DON'T DELAY. There are only 20 pages sectioned out for senior ads this year and it is a first come first serve basis. [Grad Ad Directions](#)

Senior grad ads are an opportunity to give your senior a shout out in the yearbook praising them for their success, show off beautiful photos of your graduating senior, or just simply remind them how much you love them. Grad ads will be made exclusively online at www.yearbookforever.com, directions can be found below or on Ms. Schneider's website at <https://www.chsschneider.com/yearbook-senior-ads>. If you are struggling with these ads, please contact her via email (schneiderc@rsd407.org) or phone (425)844-4821.

Band News

You're Invited



DECA

DECA NEWS

Congratulations to our 29 Cedarcrest DECA members headed to the State Career Development Conference and competition in March. This is the largest number of State competitors yet. Each of these students qualified for the events below through a stringent preliminary qualification process and proceed to State along with close to 4000 of the best and brightest in Washington. The top seven qualifiers in each event at the State conference will move on to the International competitions later this spring in Atlanta, Georgia. Best of luck!!

[Apparel and Accessories Marketing Series](#)

Abby McKenzie

Business Services Operations Research

Alexandra Luther-Gray

Berrit Stow

Business Services Marketing Series

Alexandra Luther-Gray

Creative Marketing Project

Andrew Chang

Aaron Davenport

Garrett Nelson

Independent Business Plan

Carly Graves

Alexis Robertson

Kylie Thomas

Innovation Plan

Nathan Rhodes

Entrepreneurship Series

Andrew Chang

Enrique Montana

Miles Vondra

Financial Consulting

Eli Washburn

Food Marketing Series

Mikaela Ji

Human Resource Management Series

Hunter Korf

Berrit Stow

International Business Plan

Emmett Turner

Marketing Communications Series

Adam Elbahouty

Principles of Business Management and Administration

Cecelia Kiesow

Lauren Krause

Personal Financial Literacy

Brianna Johnson

Principles of Finance

Justin Ibershoff

Cedric Nagata

Principles of Hospitality and Tourism

Kolby Nelson

Principles of Marketing

Jake Tisdale

Quick Service Restaurant Management Series

Lauren Miller

Restaurant and Food Service Management Series

Dylan Hardwick

Kylie Thomas

Sports and Entertainment Marketing Team

Team #1: Aaron Davenport

Team #1: Jaren Stevenson

Team #2: Nick Scalia

Team #2: Nick Shinn

GO DECA!!

FFA

FFA UPCOMING EVENTS:

FEBRUARY

2nd - Landscape competition at Auburn Mountainview 4-8pm

3rd - Floral competition at Auburn HS
8am-1pm

7th - Flower and Garden show in Seattle

10th - Snoqualmie Seed Exchange 8am-3pm at Cedarcrest

12 -14th Chocolate Roses Sale

14th - FFA Advisory meeting

26th - March 2nd Canned Food Drive/FFA Week

Equestrian Team

The Cedarcrest Equestrian Team finished strong this weekend at our first district Washington High School Equestrian Team (WAHSET) meet of the season with our small but powerful team of athletes! 8 team members competed in a total of 40 individual events. First place finishes in multiple events went to senior Ariana Squire, sophomore Avery Jacob, and freshman Lily Richardson, as well as the Freestyle 4's Drill Team (including sophomores Maddy Kniss, Piper Canning, & Avery Jacob as well as freshman co-op member from Redmond HS Megan MacLane) who finished first in their division and out-scored 2 of the 3 bigger 6+ Freestyle Teams. In team events, there was a four-member In-Hand Obstacle Relay team (who finished second), a 4-person Canadian Flags gaming team, 3 Birangle gaming pairs, 2 Working Pairs teams, and 3 Cow Sorting pairs.

Not enough accolades can be given to the supportive coaches (Colleen Mastro, Dan McCallister, Nancy Pearson, and Michelle Parish) who have worked hard to prepare the athletes and their horses (and mini donkey) as well as the parents who tirelessly pack gear to and from trucks, tow horses to practices and meets, ensure that every team member and their families are well fed during the meet, and sacrifice sleep and work time to allow these athletes to pursue this intense and highly competitive equine sport.

Our next district meet will be Feb 15-18 at the Northwest Washington Fair and Events Ctr in Lynden WA where we fully expect several athletes qualify for state!



From the Nurse...

Flu Season

Seasonal "flu" occurs between October and May and typically peaks in January and February. The CDC encourages everyone, especially school personnel, to get vaccinated because children are among the most vulnerable to the disease.

- Wash hands often with soap and water or alcohol-based hand sanitizer;
- Avoid touching eyes, nose, or mouth;
- Avoid close contact with those who are already sick;
- Get plenty of sleep;
- Eat healthy food and drink plenty of fluids;
- Cover your nose and mouth when coughing or sneezing with a tissue or the crook of your arm;
- Stay home, if ill, for at least 24 hours after fever is gone.

For more information about seasonal flu see <http://www.cdc.gov/flu/>

WHEN TO KEEP YOUR CHILD HOME OR

WHEN YOUR CHILD MIGHT BE SENT HOME

- Students with a fever of 100 degrees F or higher should stay home for at least 24 hours and not attend school until fever-free, for 24 hours, without fever-reducing medications.
- Students with a cough or sore throat, especially with a fever, should stay home from school until at least 24 hours after flu-like symptoms have resolved
- Vomiting or diarrhea, until symptom free for 24 hours
- Pink eye, with or without drainage, until treated

- Lice, nits (lice eggs), or scabies until treated and nit/lice free
- Body rash

Thank you for helping keep our students healthy!

Leigh-Ann Gutmann, RN
Cedarcrest High School Nurse
425-844-4878
gutmannl@rsd407.org

Career and Technical Education



February is CTE Month® and a time to celebrate!

We are very fortunate at Riverview School District to have an amazing array of Career and Technical Education classes available for our students not only to explore their future options outside of school but also to earn numerous college credits while in high school. CTE Dual College Credit/Tech Prep allows CTE students the ability to earn transferrable credits while attending their home high school.

Riverview offers numerous CTE courses from these cluster pathways:

Agriculture, Food, and Natural Resources
Architecture and Construction
Arts, Audio Video Technology, and Communications
Business Management and Administration
Finance
Health Sciences
Information Systems and Technology
Law
Marketing Sales and Service
Science Technology Engineering and Math
Skilled and Technical Sciences

Our CTE teaching staff work hard to ensure their curriculum is aligned with industry standards in order to prepare students for today's cutting-edge, high-wage, high-skill, high-demand careers.

National statistics reflect that students who are involved in three or more CTE classes and associated student leadership organizations are far more engaged, perform better, graduate from high school at higher rates, and are much more likely to graduate from college.

- CTE increases student achievement: CTE students are significantly more likely than their non-CTE counterparts to report that they developed problem-solving

project completion, research, math, college, application, work-related, communication, time management, and critical thinking skills DURING high school. The aforementioned 21st Century Skills are embedded into the CTE high school curriculum knowing that successful companies demand these attributes from their employees.

- A person with a CTE-related associate degree or credential will earn an average of at least \$4000 more per year than a person with a humanities associate degree—AND those with credentials in high-demand fields such as healthcare, can average almost \$20,000 more per year.
- Skilled trades are the hardest jobs to fill in the US, with recent data citing 645,000 jobs open in manufacturing alone. In Washington State the 17 billion dollar maritime industry is in desperate need of new employees. CTE classes can provide the foundation to enter directly into this skilled trade.

Make sure to enroll in as many CTE classes Riverview offers as is possible to "Celebrate Today and Own Tomorrow"!

The State of Washington



Proclamation

WHEREAS, career and technical education (CTE) offers students the opportunity to gain the academic, technical, and employability skills necessary for true career readiness; and

WHEREAS, students in CTE programs participate in authentic, meaningful experiences that improve the quality of their education and increase their engagement and achievement; and

WHEREAS, CTE provides students with career exploration opportunities earlier in their educational experience, enabling them to make informed and beneficial decisions about their academic coursework and pursue established programs of study and career pathways; and

WHEREAS, nationwide, leaders from business and industry report increasing challenges related to addressing the skills gap and connecting qualified professionals with available careers in critical and growing CTE-related fields, including healthcare, energy, advanced manufacturing, and information technology; and

WHEREAS, CTE prepares students for these and other fulfilling careers by offering integrated programs of study that link secondary and postsecondary education and lead to the attainment of industry-recognized credentials; and

WHEREAS, ensuring that employers have access to a qualified workforce is a crucial step in ensuring productivity among the business and industry communities as well as continued American economic growth and global competitiveness; and

WHEREAS, The Smith-Hughes Act, the first act of Congress to provide funding for CTE, was signed into law 101 years ago and we celebrate how far CTE has come to become a powerhouse of America's economy;

NOW, THEREFORE, I, Jay Inslee, Governor of the state of Washington, do hereby proclaim February 1-28, 2018, to be

Career and Technical Education Month

in Washington, and I encourage all people in our state to become familiar with the services and benefits of CTE programs and to support and participate in these programs to enhance their individual skills and productivity.



Signed this 23rd day of January, 2018

Governor Jay Inslee

Nondiscrimination

The Riverview School District complies with all federal and state statutes and regulations and does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal, and provides equal access to the Boy Scouts and other designated youth groups. This holds true for all district employment and student opportunities. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX/RCW 28A.640 Officer (Janet L. Gavigan, 425-844-4500) and Section 504/ADA Coordinator (Dr. Ken Heikkila, 425-844-4500) at 15510 1st Ave. NE, Duvall, WA 98019.